

# TOBACCO CESSATION BENEFIT

## *covered by KanCare (Kansas Medicaid)*

Patients enrolled in KanCare are eligible for the tobacco cessation benefit provided by KanCare. All health plans from the three managed care organizations (MCOs) that currently serve KanCare members offer the same benefit. Some MCOs may also offer additional tobacco cessation services.

### Covered Medications

All 7 first-line medications (5 nicotine, 2 non-nicotine) approved by the FDA for tobacco dependence treatment are covered. *See table below for quantity limits.*

### Co-Pays—Not Required

### Prior Authorization—Not Required

Prior authorization is not required to prescribe the 7 first-line medications approved by the FDA for tobacco dependence treatment.

### KanCare Members' Access to Medications

Even though some of these medications (the patch, gum or lozenges) are available over-the-counter, KanCare members must present a prescription to their pharmacy for the cost to be covered by KanCare.

### Benefit for Pregnant Women—see flip side

#### KanCare Medication Coverage—Per Year

- Medication coverage lasts one year beginning with the start of treatment.
- Individuals may be prescribed 1 NRT medication concurrently with bupropion or varenicline.
- Individuals can't receive 2 NRT medications concurrently.
- Individuals can't receive a different NRT medication if they've reached their benefit limit ("maxed out") on another NRT medication.

PRODUCT	DURATION	DAILY LIMIT
Nicotine Replacement Therapy (NRT) products		
Patch	12 weeks	1 patch
Gum	12 weeks	24 pieces
Lozenge	12 weeks	20 lozenges
Nasal spray	12 weeks	80 sprays (4mL)
Inhaler	24 weeks	16 cartridges
Other Medicines (non-nicotine)		
Bupropion SR (Zyban/Wellbutrin)	12 weeks	2 tablets
Varenicline (Chantix)	24 weeks	2 tablets

# FOR PREGNANT WOMEN

Tobacco dependence medications listed on the flip side are not recommended for pregnant women (U.S. Preventive Services Task Force, 2015). Instead, national guidelines recommend that clinicians (doctors, nurses, nurse practitioners, physician assistants and other health professionals who care for patients) ask all pregnant women about tobacco use, advise them to stop using tobacco and provide behavioral interventions such as counseling, feedback, health education incentives and social support.

KanCare Coverage for Pregnant Women	
Type of Treatment/Services	Medicaid Code
All of the services below require an ICD-10 diagnosis code of 099.330—smoking (tobacco) complicating pregnancy, unspecified trimester.	
Smoking cessation, classes, non-physician providers, per session. Used for pre-natal smoking cessation.	S9453
Smoking and tobacco cessation counseling visit for the asymptomatic patient. Intermediate, greater than 3 minutes; up to 10 minutes.	G0436
Smoking and tobacco cessation counseling visit for the asymptomatic patient. Intermediate, greater than 10 minutes.	G0437

## Additional Assistance Available

### KANSAS TOBACCO QUITLINE

1-800-QUIT-NOW (1-800-784-8669)

[KSquit.org](http://KSquit.org)

National guidelines for treating tobacco use and dependence (U.S. Preventive Services Task Force, 2015) recommend that clinicians ask all adults about tobacco use, advise them to stop using tobacco, provide FDA-approved medications for tobacco cessation and provide behavioral interventions such as in-person counseling, phone counseling and use of self-help materials. Free telephone counseling and self-help materials are available from the Kansas Tobacco Quitline for all Kansans including KanCare members. A special program is also available for pregnant women.



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